



SERVICES

\$199
MONTH
Annual
Commitment
\$2300

\$299
MONTH
Minimum
Three Month
Commitment

Number of visits

1 per 2 months

Monthly
(Weekly initially if clinically indicated)

Telemedicine (Phone & Video)

1 per quarter

Unlimited

Quick Availability

✓

✓

Patient Portal

✓

✓

Free Diabetes Education

x

✓

Free Nutrition Visit

x

✓

Secure Messaging

x

✓

Personalized Lifestyle Counseling & Training

x

✓

Collaborative Care

✓

✓

80-90% Discount on Labs

✓

✓

Body Composition Analysis

One Time

Unlimited

Thyroid Ultrasound

One Time

Periodic
as clinically indicated



SERVICES

FEE

New Patient or New Consult

\$450

Follow Up Visit

\$250 - \$350

with a 3-6 month prescription

Brief Phone Visit
(as clinically appropriate)

\$125 - \$250

without/with prescription

Neck/Thyroid Ultrasound

\$100 bedside by Dr. Makhija

Body Composition Analysis

\$100

Nutrition/Dietitian Visit
(30mins-60 mins)

\$100 - \$150

Sensor (CGM) Interpretation

\$50

Dexcom/Freestyle Forms (Clearance, Disability etc)

\$200 - \$500

Prior Authorization

\$25 for single medication